

**4-H Month**

**Nebraska**

**FEBRUARY 2015**

**(For Immediate Release:)**

**[Insert name of county] County Youth Celebrate Nebraska 4-H Month**

City, State (Month, Day, Year) — February is Nebraska 4-H Month, and [name of county] County is celebrating the 4-H youth who have made an impact on the community, and are stepping up to the challenges of a complex and changing world. On [date] at [time] at [place], 4-H youth will connect with the community by [list event activities].

[Provide further details about your event here]

“[Place quote from a local 4-H member or volunteer about the value of their 4-H experience and how they have contributed to the community],” said [name of county] County 4-H Member/Volunteer [name of 4-H member/volunteer].

Recent findings from Tufts University's *4-H Study of Positive Youth Development* indicate that young people in 4-H are three times more likely to contribute to their communities than youth not participating in 4-H. Notably, the Tufts research discovered that the structured learning, encouragement and adult mentoring that 4-H'ers receive play a vital role in helping them actively contribute to their communities. In [name of county] County, more than [number] 4-H members and [number] volunteers are involved in 4‑H.

4-H youth are a living breathing, culture-changing revolution for doing the right thing, breaking through obstacles and pushing our country forward by making a measurable difference right where they live. Learn how you can *Join the Revolution of Responsibility* at 4-H.org/revolution, or contact [name], [title], at [name of university] University Cooperative Extension, [name of county] at [phone number] or [E-Mail address].

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**Contact:** [insert name], [insert title]

[insert telephone number], [insert E-mail address]