



# 4-H VOLUNTEER INFORMATION SERIES

Nebraska 4-H Youth Development

## Select and Plan the Right 4-H Project for You!

To help you select 4-H projects that fit your interests, answer these questions with your parent and/or your project leader. Use the *Pick-a-Project* publication to identify projects that match your interests.

### Project Interests:

Finding Your Interests	Answers to Project Interest(s)
What do you like to do for fun?	
What are your hobbies?	
What do you want to learn?	
What do you already know about your interest area?	
What do you need to complete your project of interest? ( <i>Space, equipment, materials, supplies, financial resources</i> )	
How much time do you have to spend on this project?	
Who can help you with this project?	
How much time does your helper have to guide your project experience?	



Extension is a Division of the Institute of Agriculture and Natural Resources at the University of Nebraska–Lincoln cooperating with the Counties and the United States Department of Agriculture.

The 4-H Youth Development program abides with the nondiscrimination policies of the University of Nebraska–Lincoln and the United States Department of Agriculture.

**Select a 4-H Project:**

<p><b>Potential 4-H Projects(s)</b></p>	
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**4-H Project Goals: Set challenging, but realistic and achievable goals.**

Goal: What do you want to achieve? (Make a quilt for my bedroom.)	Objective/Learning Needed: What can I do to achieve? (Learn how to: coordinate colors; measure and cut fabric; use the sewing machine etc.)	Date Started	Date Completed

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Adapted from: House, P. Select and plan the right 4-H project for you! In *Ohio 4-H clubs advisors handbook*. Patty House. Columbus, Ohio. The Ohio State University Extension, 4-H Youth Development.  
<http://advisorshandbook.ohio4h.org/learning/files/Selecting%20&%20Planning%20the%20Right%204-H%20Project.pdf>