

# Level I Study Guide

This study guide is designed to prepare 4-H'ers to pass the Beginning Horseman level. Questions were taken from the Nebraska 4-H Horse Project Manual (EC 2-91-76) and the Nebraska 4-H Horse Show and Judging Guide (4-H 373). It is recommended the 4-H'er become familiar with the information on this study guide before taking the written and skills portion of this level.

1. In a balanced seat, what parts of the body should an imaginary vertical line go through? (4H458 pg. 45-46)
2. How do you tell a horse to turn right, turn left or to back up? (4H458 pg. 49, 55-56)
3. Where should you walk when leading a horse? (4H373 pg. 31)
4. How do you tell a horse to turn right using a neck (indirect) rein? How do you tell a horse to turn right using a direct rein? (4H458 pg. 42)
5. Always mount and lead a horse from which side?
6. Know grooming equipment, where it's used on the horse's body, what purpose it serves and how it is used. (4H458 pg. 31)
7. Explain a safe method to catch a horse. When catching a horse in the field, how should you approach it? (4H458 pg. 39)
8. When stopping, what cues are used? (4H458 pg. 50)
9. How many pounds of grain and/or hay does your horse receive daily? (4H458 pg. 21-23)
10. How do you know if the bit fits a horse properly? (4H458 pg. 36)
11. How tight should the throat latch, curb chain/strap and cavesson be adjusted? (4H458 pg. 36)
12. How should a saddle and pad be stored when not in use? a bridle? (4H458 pg. 33-34)
13. Describe how to clean a saddle and bridle.
14. How often should a horse have water? (4H458 pg. 24)
15. Explain how to pick up a horse's hoof and clean it out with a hoof pick. (4H458 pg. 32)
16. Western riders: Should the back cinch be connected to the front cinch by a connector strap? Why or why not? (4H458 pg. 37)

## **Know the Following:**

- Parts of the saddle and bridle. Adjustment of the saddle and bridle. Method to saddle and bridle a horse. (English or Western)
- Proper-care and storage of bridle, saddle, blanket and halter when not in use.
- Identify grooming equipment and its uses.
- Safe and correct procedures when working around, a horse.
- Principles of correct position in the saddle, including use of hands, legs and seat.
- Basic cues for horsemanship.
- Safe method to pass other horses while riding as a group.
- What feeds does your horse eat?
- How much is being fed? (pounds)
- When and how is the horse fed?