

# 4-H



## .22 Rifle Competition Leaders Guide

# 4-H National Championships .22 Rifle Shooting Discipline consists of 3 sections

- 1- NRA Smallbore Silhouette
- 2- CMP Sporter
- 3- NRA Three Position

Age Requirements - Participants must be 14 to 18 years of age on January 1st of the current year of the event to compete at the 4-H Shooting Sports National Championships.

# 1. NRA Smallbore Silhouette

## TARGET:

- ▶ 40 Total Rounds
- ▶ 10 shots, 4 different steel silhouettes
- ▶ Spotting Scopes or Binoculars are allowed



## DISTANCE:

- ▶ 10 Chickens @ 40 Yards
- ▶ 10 Pigs @ 60 Yards
- ▶ 10 Turkeys @ 77 Yards
- ▶ 10 Rams @ 100 Yards
- ▶ Target must be knocked off stand
- ▶ Turned target don't count



## POSITION:

- ▶ Standing for all targets



## PROCEDURE:

- ▶ Shoot left to right, bottom row then top row second
- ▶ One shot at each Silhouette
- ▶ 2.5 minutes every 5 targets
- ▶ Shooters Required to score and reset targets

## RESTRICTIONS:

- ▶ Rifle Weight Max 10lbs. 2 oz., with magazine.
- ▶ Max 30" Barrel length
- ▶ Any Safe Trigger / Conventional Stock
- ▶ **No Supportive Clothing is allowed**
- ▶ Any Scope Power allowed / Spotters allowed



# 2. CMP Sporter

## TARGET:

- ▶ 60 Rounds shot at this event.
- ▶ B-19 CMP Rimfire Sporter Target
- ▶ DISTANCE: 25 Yards & 50 Yards
- ▶ POSITION:
  - ▶ Prone (50 yards)
  - ▶ Sitting/Kneeling(50 yards)
  - ▶ Standing (25 yards)



## PROCEDURE:

- ▶ 10 slow and 10 Rapid at each position
- ▶ Slow fire: 10 shots in 10 minutes
- ▶ Rapid fire: semi auto action: 5 shots in 25 sec.
  - ◀ Bolt/manual action: 5 shots in 30 seconds.

## Regulations & Rules:

- ▶ Max rifle weight 7.5 lbs.
- ▶ Minimum trigger 3.0 lb. pull
  - ▶ \*\* Rifle trigger must be capable of lifting and supporting the 3.0# weight without firing. Triggers which break as the 3.0# weight is lifted will be disqualified.
- ▶ Sling must be less than 1.25" wide
- ▶ Open sights or less than 6x magnification
  - ▶ With a 1x-6x power scope. You may adjust power for standing, prone or sitting within the 1-6 power.
  - ▶ If you have an adjustable scope that is over 6x - example 3-9x power, you must tape it at one power 6x or below and shoot the complete event at that one Power. No changing tape during this event.
- ▶ No shooting specific clothing or padding or aids.
- ▶ No round may be chambered until shooter is in position
- ▶ Action will be open or locked open (semi autos) or closed on empty chamber before inserting magazine or loading tube



# 3. NRA Three Position

## TARGET:

- ▶ A-51 Paper Target
- ▶ Each shooter will have 3 separate targets to shoot at, one per position.
- ▶ The top two bulls on each target are sighters (practice bulls) if your first practice shot goes below the sighter bull line, ask for assistance from range officer, or it will be a scored shot.
- ▶ At each position you can shoot as many practice shots into the top 2 sighter bulls as you want. Then you must shoot 5 rounds for scoring at each of the 4 Lower bulls. 20 total shots at each position.
- ▶ Each position has a time limit listed below that you have to shoot all of the practice shots you want and the 20 scoring shots.



## POSITIONS & TIME

- ▶ Prone 50 yards / 20 Minutes
- ▶ Standing 50 yards / 40 Minutes
- ▶ Kneeling 50 yards / 30 Minutes

# PROCEDURE

- ▶ 20 shots each position
- ▶ ONE Round in Rifle at a time / no full magazines
  - ▶ Must be in shooting position before loading round into chamber.

# LIMITATIONS:

- ▶ ONLY Iron sights, according to the 3-POS rules
  - ▶ Open Sights or Peep Sights
- ▶ This includes standing open sights, peep sights, etc.





# Thank You

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