ADVANCED HORSEMAN WORKSHEET

LEVEL IV

SKILLS TEST

4-H MEMBER'S NAME	
HORSE'S NAME	

The 4-H'er must show proficiency at all skills listed below to pass the ADVANCED HORSEMAN

NOTE: The entire handling and riding portion must be done with a single horse or pony and be ridden one-handed on the reins (Western riders) or two-handed (English riders).

Virtual Rules and Guidelines

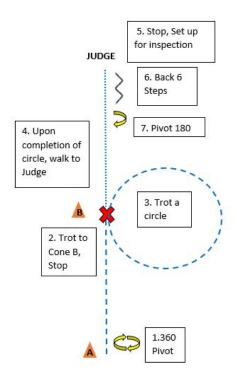
- Video Specifications: Each video must show a continuous shot, and clips may not be
 edited together. At the beginning of each video a sheet of paper needs to be held up in
 the camera view stating the riders name, county, date, which advancement level the
 youth is testing for and video number.
 - Videos made with a mobile device need to be in "landscape mode"
 - While not required, using a tripod will produce a better video
- Sound: All videos must have the sound turned on so that the examiner can hear the normal sounds. For example: the hoofbeat of the horse, sound of the horse's breathing, birds, wind, normal area sounds.
 - ο,
 - Videos without sound will not be accepted
 - Videos may NOT have background music
 - No coaching or unauthorized assistance is allowed. Any coaching or unauthorized assistance detected on a video will not be accepted
 - Earphones and any kind of electronic communication devices are NOT
 ALLOWED. Use of any electronic communication will not be accepted
- Patterns: Patterns can be altered to fit the size of the area

Video 1: The video* should show a youth explain and demonstrate the following skills in the order listed below:

Demonstrate the following showmanship pattern demonstrating the required basic horse handling required for level 4:

- 1. Perform a 360 degree pivot/turn
- 2. Trot to Cone B and stop
- 3. Trot a circle to the right
- 4. Upon completion of the circle, walk to the judge
- 5. Stop at the judge and set your horse up for inspection
- 6. Perform inspection (Judge walking in a counterclockwise direction)
- 7. Back 6 Steps
- 8. Pivot 180 degrees

Options: If you do not have cones, please use some type of marker to identify the locations of the cones in the pattern.



Advanced Level 4 Virtual Showmanship Pattern

*The video should be filmed from within 10 feet of the youth

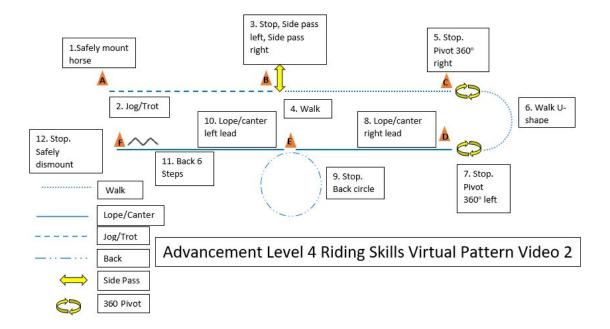
Video 2: The video** should show a youth demonstrate the following pattern demonstrating the required riding skills for level 4. <u>For English Riders, when asked to trot the rider needs to post on the correct diagonals in order to pass</u>

- 1. Safely mount your horse (use of a mounting block is optional)
- 2. At cone A from a standstill jog/trot to cone B
- 3. At cone B perform a balanced stop. Then side pass left 4 steps, side pass right 4 steps
- 4. Walk to cone C
- 5. At cone C perform a balanced stop, pivot/turn on the haunches 360 degrees to the right
- 6. Walk U-shape to cone D
- 7. At cone D perform a balanced stop, pivot/turn on the haunches 360 degrees to the left
- 8. From a standstill lope/canter right lead to cone E, perform a balanced stop
- 9. At cone E back a circle to the left
- 10. Lope/canter left lead to cone F
- 11. At cone F perform a balanced stop. Back 6 steps
- 12. Safely dismount horse on the **offside**

At the end of the pattern please explain:

• The cues used to back the horse in a circle

Options: If you do not have cones, please use some type of marker to identify the locations of the cones in the pattern.



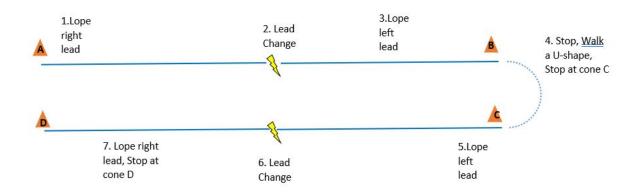
**The rider should be filmed from the profile approximately 40 ft away for the full length of the pattern

Video 3: The video** should show a youth demonstrate the following pattern demonstrating the required riding skills for level 4

- 1. At cone A lope/canter right lead
- 2. Halfway to cone B perform a Simple lead change through a Jog (read below)
- 3. Lope/canter left lead to cone B
- 4. At cone B stop, then walk a U-shape and stop at cone C
- 5. At cone C lope/canter left lead
- 6. Halfway to cone D perform a Simple lead change through a Jog (read below)
- 7. Lope/canter right lead to cone D
- 8. At cone D stop

Complete this pattern 3 times (1. Simple lead change through a jog/trot; 2. Simple lead change through a stop and 3. Flying lead change).

Options: If you do not have cones, please use some type of marker to identify the locations of the cones in the pattern.



Repeat this pattern with the alteration of the Simple Lead Change -> Jog to a Simple Lead Change to a Stop for this video.

Repeat the pattern with the alternation of the Simple Lead Change to a Stop → Flying Lead Change

Advancement Level 4 Riding Skills Virtual Pattern Video 3

^{**}The rider should be filmed from the profile approximately 40 ft away for the full length of the pattern

Video 4: The video** should show a youth demonstrate the following pattern demonstrating the required riding skills for level 4. **For English Riders, when asked to trot the rider needs to post on the correct diagonals in order to pass**

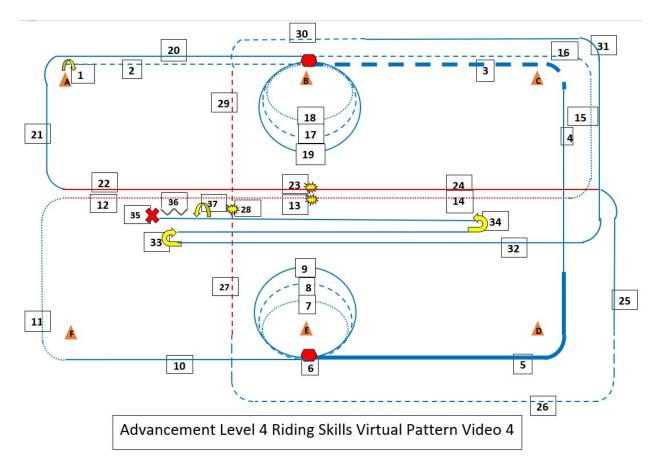
- 1. At cone A pivot/turn on the haunches 180 degrees to the right
- 2. At cone A from a standstill Jog to cone B
- 3. At cone B extended Jog/trot around cone C
- 4. At cone C right lead lope/canter
- 5. Before cone D hand gallop around cone D to cone E
- 6. At cone E perform a balanced stop
- 7. Walk a right circle around cone E, upon completion of the walk circle, stop
- 8. At cone E jog/trot a right circle around cone E, upon completion of the jog/trot circle, stop
- 9. At cone E lope/canter a right lead circle around cone E, upon completion of the lope/canter circle, stop
- 10. At cone E lope/canter right lead straightaway to cone F
- 11. At cone F walk around cone F until halfway between cone F and cone A and turn right down the centerline
- 12. Perform a two track to the right at a walk down the centerline until parallel with cone B
- 13. Parallel with cone B perform a two track left at a Walk down the centerline until parallel with cone C
- 14. Turn left and walk to cone C
- 15. At cone C jog/trot around cone C to cone B
- 16. At cone B stop, then perform a jog/trot circle to the left around cone B, upon completion of the Jog/trot circle, stop
- 17. At cone B walk a left circle around cone B, upon completion of the walk circle, stop
- 18. At cone B lope/canter a left lead circle around cone B, upon completion of the lope/canter circle, stop
- 19. Lope/canter left lead straight to cone A
- 20. Lope/canter around cone A, until halfway between cone F and cone A and turn left down the centerline
- 21. Perform a two track to the left at a Lope/canter down the centerline until parallel with cone B, simple lead change to right lead
- 22. Perform a two track right at a Right Lead Lope/canter until parallel with cone C
- 23. Turn right and Lope/canter to cone D
- 24. Cone D jog/trot around cone D and 4 strides past cone E and turn right towards the center of the arena
- 25. Perform a two track left at a jog/trot until halfway to cone B
- 26. At the halfway mark perform a two track right at the jog/trot until parallel to cone B
- 27. Jog/trot around cone B, jog 4 strides past cone B
- 28. Lope/canter right lead to and around cone C until halfway between cone C and cone D
- 29. Turn right down centerline (English Riders Omit Steps 30 32, stop and continue to step 33)
- 30. Perform a roll back to the right, past cone B

- 31. Perform a roll back to the left, past cone B
- 32. Continue loping/cantering past cone B, perform a sliding stop on the hindquarters
- 33. Back 6 steps
- 34. Pivot/turn on the haunches 180 degrees to the left

At the end of the pattern please explain:

• The cues required to back the horse in a straight line

Options: If you do not have cones, please use some type of marker to identify the locations of the cones in the pattern.



^{**}The rider should be filmed from the profile approximately 40 ft away for the full length of the pattern

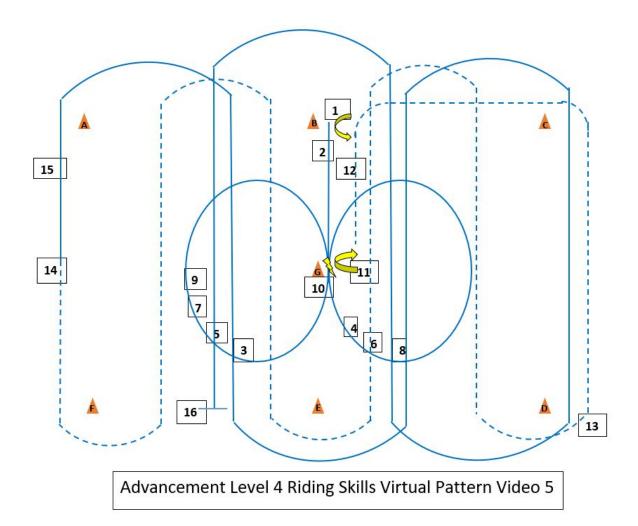
Video 5: The video** should show a youth demonstrate the following pattern demonstrating the required riding skills for level 4 (Western Riders: Only perform steps 1-11)

- 1. At cone B perform a 180 degree forehand turn to the left
- 2. At cone B starting from a standstill lope/canter on the right Lead towards cone G
- 3. At cone G lope/canter right lead circle, when back at cone G, perform a simple lead change through the stop
- 4. Lope/canter left lead circle, when back at cone G, perform a simple lead change through the stop
- 5. Lope/canter right lead circle, when back at cone G, perform a simple lead change through the jog/trot
- 6. Lope/canter left lead circle, when back at cone G, perform a simple lead change through the jog/trot
- 7. Lope/canter right lead circle, when back at cone G, perform a flying lead change to the left lead
- 8. Lope/canter left lead circle, when back at cone G, perform a flying lead change to the right lead
- 9. Lope/canter right lead circle
- 10. When back at cone G, complete a balanced stop
- 11. At cone G perform a 180 degree forehand turn to the right
- 12. Rising trot towards cone B, turn right and trot around cone C
- 13. Perform a serpentine with at least 5 turns at a rising trot, changing diagonals as necessary
- 14. Halfway between Cone F and Cone A, transition to a right lead canter
- 15. Perform a serpentine with at least 5 turns at a canter, with simple changes of lead
- 16. Canter until parallel with cone E and stop

At the end of the pattern please explain:

• The cues required to perform a Flying lead change, both directions

Options: If you do not have cones, please use some type of marker to identify the locations of the cones in the pattern.



Video 6: The video** should show a youth demonstrate the following pattern demonstrating the required skills for level 4

Display a first-aid kit for horses and explain:

- The proper use of the contents
 - Contents should include but not limited to bandaging supplies, scissors, thermometer, foot care equipment, restraint equipment, disinfectants and flashlight

Discuss how to determine if a horse is healthy or sick

• The basic health care of a horse.

Discuss the feeding program of their horse in full including these topics:

- Nutrient balance
- Work balance
- Costs to feed daily and yearly
- Changes made for periods such as showing, changes of season, breeding, etc.

Submitting your Videos

- ALL videos must be sent in at the same time.
- Use whichever file share service/ upload service (also known as Cloud Drive) that you
 prefer and email a SHAREABLE link
- Please be sure to save your videos and/or make the title of your videos with the riders (first & last) name, Advancement Level the video is over, and your county
- You may use YouTube, Dropbox, or Google Drive to name only a few as examples of file share services available for you to use
 - How to upload a video via YouTube (if using YouTube we recommend making your videos private so that others cannot search for your video)
 - o How to upload a video via Dropbox
 - o How to upload a video via Google Drive
 - How to upload a video via Vimeo